

MSK HONORS Black History & Cancer Prevention Awareness Month

Please Join MSK for Free
Virtual Community Events



Living your Life with Awareness: A Mindfulness Workshop in partnership with Gilda's Club Westchester

Learn how practicing mindfulness techniques can help you reduce stress and anxiety when coping with the emotional impact of cancer.

Wednesday, February 17, 2021
6:00-7:00 PM

Nutrition Workshop

Learn from MSK Ralph Lauren Center's registered dietician about healthy eating habits including a live food demonstration on how to prepare easy, affordable, nutritious meals.

Tuesday, February 23, 2021
1:00-2:00 PM

Importance of Cancer Screening & Prevention During a Pandemic

Hear from MSK experts and cancer survivors about the latest advances in cancer screenings and the life-saving impact of early detection.

Thursday, February 25, 2021
1:00-2:00 PM

Information Session: Wellness at Home

Ask MSK experts questions and learn home wellness tips including nutrition, exercise, pain management and more!

Thursday, February 18, 2021
2:00-3:00 PM

Breast Cancer and Women of Color: What You Need to Know

Join MSK Nassau doctors to learn what women of color specifically need to know about signs and symptoms of breast cancer, when to get screened, and what to do if you receive a breast cancer diagnosis.

Wednesday, February 24, 2021
6:30-7:30 PM

Black Health Matters: Winter Health Virtual Summit

MSK is proud to join the Black Health Matters Summit, to provide you with a full day of learning from today's leading physicians, scientists and those who advocate for equity in all areas of health.

Saturday, February 27, 2021
9:00 AM-6:00 PM



Memorial Sloan Kettering
Cancer Center

Links to events will be sent after registration, if you have any questions about the events and/or to sign up to be notified about future events please contact: communityaffairs@mskcc.org